Local Wellness Policy and Triennial Assessment Summary

Month and year of current assessment Oct 2026

Date of last wellness policy revision

Website address of wellness policy(that public can access a copy)

Wellness Committee Information

How many times a year does the committee meet

Designated School Wellness Leader *Tate Jerome* tjerome@chokioalberta.k12.mn.us

Committee members

Tate Jerome- superintendent

Wanda Howe-food service director

Marsha Vail-assistant cook

Hunter Burnett-physical ed teacher

Rachel Schott-physical ed teacher/health

Nutritional Goal	*meeting the goal*	*starting to meet*	*not meeting*	*progress*
1)Encourage students To make healthy Choices of food and Beverages	*X*			
2)Offer health education	*X*			
3)Have posters Promoting healthy Foods	*X*			

Physical Activity			
1)Health and Physical			
Education	*X*		
2)Make sure there is			
A time slot for daily			
Physical activity	*X*		
3)Have teachers			
Provide short			
Physical activities			
Throughout day		*X*	*Visit with staff about doing this more*
Nutrition guidelines for			
All foods and beverages			
Sold at the school. Make			
Sure all snacks are compliant		*X*	*Remove items That are not Compliant.*
Make sure student			
Wellness is happening			
At school parties and			
Snacks provided in			
Classrooms		*X*	*Need staff to Comply with This. Don't let*

		Kids bring Snacks for breaks.
No unhealthy foods For rewards/incentives	*X*	*working with Staff to Eliminate this!*

We will try to be more consistent on promoting smart snacks. We will make sure vending machine operators only put smart snack approved items in the vending machines. It is our hope and plan to have our students leading a healthier lifestyle!